Criminal Competency on Trial
Criminal Competency on Trial
The Case of Colin Ferguson

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For my parents, my brothers John and Matt, and for Terri:
I profess my deepest thanks to each of you
for your moral and unwavering support

For Al, Phyllis, Aaron, and Becca:
Thank you for your friendship, love, and support
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Preface

Competency to stand trial (CST) determinations require an adherence to legal adjudication standards and psychological assessments methods. However, the forensic decision making on these matters is fraught with complex and enduring dilemmas. Thus, this book critically examines the legal and psychological pitfalls attributable to the CST determination. By revisiting the CST psycholegal dynamics in the controversial and well-publicized case of Mr. Colin Ferguson, the New York City railway gunman, Criminal Competency on Trial thoughtfully reviews and systematically discusses an array of policy implications on trial fitness for purposes of future criminal justice reform in the mental health arena.

To situate the overall analysis, the text skillfully explores an array of topics pertaining to competency determinations; including, the jurisprudential history of and the conceptual confusion surrounding the doctrine; the vague and ambiguous nature of the precedent-setting U.S. Supreme Court case law on mental illness and competency; the evolving CST assessment instruments and their relative strengths and limitations; and paranoid and delusional mental health disorders, impacting current and problematic CST evaluation practices. Based on this commentary, the high profile case of Colin Ferguson is thoroughly explored, focusing most especially on the defendant’s pretrial competency hearing. Following the case study, the authors provide a psychological and legal analysis, demonstrating where and how unstructured CST assessment practices and problematic legal standards produced a troubling competency-to-stand-trial finding for this paranoid and delusional defendant. In the wake of the analysis, a series of (criminal justice policy) reforms are discussed. These reforms call for noteworthy changes in the judicial interpretation of CST clinical-forensic assessment practices, and recommend a series of provocative and timely legal remedies or strategies made available to the accused.
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Going well beyond the isolated case of the New York City railway gunman, *Criminal Competency on Trial* demonstrates how the CST limitations in the Ferguson case are not the exception but are more often the rule, given the everyday realities of defendants whose trial fitness is called into question. To document this position, the high stakes and controversial case of Theodore Kaczynski, the unabomber, is also provisionally examined.

Suitable for students, academicians, and practitioners of mental health law and criminal justice policy, *Criminal Competency on Trial* methodically investigates one of the more complex and thorny issues impacting the mental health and justice systems today. Appropriate for upper division undergraduates and entering graduate students, the text can be used for course adoption purposes in such classes as Criminal Behavior, Criminal Justice Policy, Famous Trials of the 20th Century, Criminal Justice and the Law, Courts and the Legal System, and Psychology, Law, and Public Policy.
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MARK C. BARDWELL, Ph.D. received his doctoral degree from the Institute of Psychology, Law and Public Policy at Alliant International University (formerly the California School of Professional Psychology), with concentrations in criminal and legal policy analysis and forensic psychology. His previously published work has appeared in Criminal Justice Policy Review and the Journal of Psychiatry & Law. Dr. Bardwell lives and works in Fresno, California, specializing in trial consultation.

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